



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**



Brooklyn

Advocate, Grade 8

Brooklyn is passionate about heart health, especially for women, and has been supporting the American Heart Association from an early age. Since then, she has learned that heart disease affects more women than any other health condition.

Brooklyn takes care of her heart by running, dancing, doing yoga and eating nutritious foods. She hopes to become a cardiothoracic surgeon one day to help people with heart problems. Through Kids Heart Challenge/American Heart Challenge, Brooklyn wants to educate students about heart health and lifesaving CPR skills so they can live healthier lives and protect the hearts of others.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.